Your Top Rated Skating Club!

The **Tri Area SKATING CLUB** is proud of its history of providing quality skating instruction. A variety of skating lessons are available by fully certified professional coaches with group or personalized training.

The Tri Area Skating Club is dedicated to the principle of enabling skaters to participate in skating throughout their lifetime for fun, fitness and achievement.

We are a non-profit organization. We welcome sponsors; please contact us how your dollars can gain advertisement for your company.

TASC reserves the right to change/cancel any sessions due to registrations. No refunds after 2nd week for all programs.



Professional Coaches

We offer nationally trained NCCP Certified coaching staff.

Group Program Coordinator: (Pre-CanSkate, CanSkate, & Advanced CanSkate)

Christine Parker:

cp8505@icloud.com

GroupStar & STARSkate Coordinator & Club Head Coach:

To make arrangements for Private STARSkater coaching please contact:

Kathy Burzminski:

hkburz@gmail.com

ON-LINE Registration opens Sept 1, 2020 9 AM

www.triareaskatingclub.com

info@triareaskatingclub.com

Tri Area Skating Club

P.O. Box 3893 Spruce Grove, AB T7X 3B3

Phone: 780-201-8558

Tri Area Skating Club



Proudly Serving these Communities!

2020-2021 Skating Program Information

Our Vision:
We are a family valued skating club, focused on developing the best skaters.

GROUP PROGRAMS

**A CSA approved HOCKEY HELMET is mandatory for all GROUP PROGRAMS! (Excluding GroupSTAR)

Session 1 (S1): Oct 02, 2020 – Dec 17, 2020

***Sign up for 2 or more days/week and receive 10%off at checkout. (Only applies to same skater)

*Fundraising is one per skater per season

<u>PRE CANSKATE</u> No Fall classes (S1) due to Skate Canada & social distancing restrictions in place.

CANSKATE: Skate Canada's Learn-to-Skate Program. Participants earn badges/ribbons while focusing on 3 fundamental areas (Agility, Balance and Control) divided into 6 stages. Music, warm-up, lessons, fun zone, fast track and cool down provides an exciting and fun group program. Skaters must be 5 yrs old by July 1, 2020 or have passed the Pre-CanSkate Program. CanSkate classes are 45 minutes.

Class Days & Times: (C=#Classes)

Mon 4:30pm (TLC) C10 Tues 5:45pm (GH) C10 Wed 6:45pm (TLC) C10 Sat 11:15am (TLC) C9

Cost: C9 (9 Classes) \$135 C10 (10 Classes) \$150 ADVANCED CANSKATE: An Advanced Group Learn to Skate Program for those skaters wanting to continue working on their CanSkate Badges (Stage 3-6) in a more challenging environment. Skills will include crossovers, turns, 1 foot skating, jumping, and drills to enhance your speed and power. Must have minimum one Stage 3 ribbon. Skaters will move into this program upon approval of the Group Program Coordinator.

Class Days & Times: (C=#Classes)

Tues 5:30pm (TLC) C10 Sat 11:15am (TLC) C9

Cost: C9 (9 Classes) \$153 C10 (10 Classes) \$170

PRE POWER/CANPOWERSKATE:

Pre Power (approx. 5-8 yr) skaters looking to develop basic skating abilities past the CanSkate program in a power skating-specific environment.

CanPowerSkate (approx. 9-12 yr) is a power skating program geared to hockey & ringette skaters focusing on techniques & conditioning skills used in game situations.

Full hockey / ringette equipment recommended.

Class Days & Times: (C=#Classes)

Thurs 6:00pm (GH) C10

Cost: C10 (10 Classes) \$170

GROUP STARSKATE is a learn to Figure Skate Program giving skaters their first introduction to the STARSkate Program. Skaters must have complete Stage 4 Badge and approval of the Head Coach and/or Group Program Coordinator to register in this program.

Class Days & Times: (C= #Classes)

Tues 4:30pm (TLC) C10 **Fri** 5:45pm (GH) C9

Cost: C9 (9 Classes) \$203 C10 (10 Classes) \$225

<u>ADULT/TEEN</u> is a group program offering recreational CanSkate and STARSkate skating.

 Tues
 5:30pm (TLC)
 C10

 Thurs
 5:15pm (GH)
 C10

 Sat
 10:00am (TLC)
 C9

Cost: C9 (9 Classes) \$198 C10 (10 Classes) \$220

PRIVATE CANPOWER

Thurs 5:15pm (GH) C10 **Sat** 10:00am (TLC) C9

Cost: C9 (9 Classes) \$198 C10 (10 Classes) \$220

STARSKATE/COMPETITIVE

Star 1-10 Levels available

See Website for Details/Pricing/Ice Schedule.

- * No Refunds after 2nd week of skating
- **\$44 Skate Canada Fee will be added to all registrations and is non-refundable

Register Early as Spots are Limited